Arnold's Circle

(England)

This mixer dance was choreographed by the late Pat Shaw in honor of a friend of his, Arnold Bökel, of Germany. It was presented at the 1980 University of the Pacific Folk Dance Camp by Stephen Kotansky.

RECORD: Festival F-801 Side A/1 2/4 meter.

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FORMATION: Any number of cpls in a double circle, ptrs facing, M back to ctr.

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STEPS and Walk*, buzz-step*, balance: (R): step fwd on R (ct 1), step on L beside R (ct &), step on R beside L (ct 2), hold (ct &). Balance step may also beg L and may be done in any direction.

STYLING: Dance is done with a light, springy step. Hand-hold is light finger grasp, not a full palm grasp. Joined hands about chest level. Free hands hang at sides.

*Described in <u>Steps and Styling</u>, published by the Folk Dance Federation of California, Inc.

MUSIC 2/4	PATTERN
Measures	
2 notes	INTRODUCTION
I	. CHANGE PLACES
1-2	Ptrs join R hands. With 4 steps beg R, change places with ptr (CW).
3-4	Join L hands. With 4 steps beg R, change places with ptr (CCW). Do not drop hands. Join R hands with next person to R in opp circle. Circle is now complete, alternating M,W,M,W M back to ctr, W face ctr.
5	Balance fwd, beg R (cts 1, &, 2).
6 *	Balance bkwd, beg L (cts 1, &, 2).
7-8	Release L hands. Change places with person holding R hand with 4 steps beg R: M walk fw as W turns CCW under joined R hands. End with M on outside of circle, W back to ctr.
9-16	Repeat meas 1-8 with this same person from this new position. End with orig ptr in ori place.
II	. MEN PROGRESS RLOD; W PROGRESS LOD
1-4	W stand in place. M beg R, go behind ptr (pass R shldrs), curve to inside of circle, pas in front of next W, go to 3rd W (count ptr as 1st W).
5-8	In closed pos M swings this new ptr 8 buzz steps. Leave W on outside of circle, ptrs facing
9-12	M stand in place. W beg R, go behind ptr (pass R shldrs), curve to outside of circle, pas in front of next M, go to 3rd M (count ptr as 1st M).
13-16	In closed pos W swings with this new ptr, 8 buzz steps. Leave W on outside of circle ptrs facing.
	NOTE: Both M and W progression is to own R.
	Repeat dance from beg with this new ptr.