Janino

Macedonia

This dance is from Negotina, Kavadarci area. It is done on many occasions, wedding, picnic, Slava etc.

FORMATION: Mixed line or open circle with "W" hold.

METER	2: 4/4 PATTERN
Meas	
	<u>Part 1</u>
1	Facing ctr., Slight lift on L (ct. 1); Step on R to R (ct.2); Step on L behind of R (cts.3,4)
2	Step on R to R (cts. 1,2); Lift on R and bring L knee up in front (cts.3,4)
3	Slight leap on L fwd (ct.1); Step on R next to L (ct.2); Step on L fwd (ct.3); Hold (ct.4)
4-6	Repeat Meas. 1-3 but Meas.4, cts. 1,2 Step on R diag. to R back
7-9	Repeat Meas.4-6
10	Repeat Meas.4
11	Lift on L and bring R knee up in front (cts. 1,2); Step on R next to L (cts.3,4)
12	Lift on R (ct.1); Step on L next to R (ct.2); Step on R in place (ct.3); Hold (ct.4)
	<u>Part 2</u>
1	Facing ctr., Slight lift on R (ct.1); Step on L behind and bring arms down (ct.2); Step on R to F and face to R (cts.3,4)
2	Step on L fwd and bring arms up back to "W" hold (cts.1,2); Lift on L and turn L to face RLOD (cts.3,4)
3	Small steps R, L, R fwd (cts. 1,2,3); Hold (ct.4)
4	Slight lift on R (ct.1); Step on L bkwd (ct.2); Step on R to R and face ctr. (cts.3,4)
5	Lift on R, bring L knee up in front (cts. 1,2); Step on L in place (cts.3,4)
6	Step on R, L, R in place (cts. 1,2,3); Hold (ct.4)
7-11	Repeat Meas1-5
12	Slight hop on L (ct. 1); Step on R next to L (ct 2); Step on L in place (ct.3); Hold (ct.4)
	Part 3 ("V" hold)
1	Facing diag. to R, Step on R, L, R fwd (cts. 1,2,3); Hold (ct.4)
2	Step on L fwd (cts. 1,2); Lift on L, bring R next to L calf (cts.3,4)
3	Repeat Meas. 1
4-6	Repeat Meas. 1-3 with opp ft.