

MERENGUE ROULE



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Music "Merengue Roule" 2021 YouTube RDCD track #5 performance speed is the same as CD

Rhythm : Merengue Phase III + 2 (Side Separation, Glide)

& Phase * Merengue is danced using of 1234. Merengue action : Normal steps on beats but merengue shift weight after beats (and counts) instead of on beats. In both cases hip swings

Footwork : Direction for M, W normal opposite & exceptions in parenthesis

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Sequence : Intro - A - B - Amod 1 - C - Amod 1 - C - Amod 2 - End

Ver 1.3

INTRODUCTION

MEAS

1-4 **WAIT; WAIT; 2 PEEKS LADY TRN TO FC::**

1-2 In TANDEM POS WALL w/ man behind woman & hands on hips lead ft free for both wait 2 meas;;

3-4 **【2 Peeks Lady trn to fc ptr 1-34;1-34】** Sd & fwd L, -, rec R, cl L; Sd & fwd R, -, rec L, cl R (W sd & fwd R peek a man, -, rec L, cl R; Sd & fwd L peek a man, -, rec R trn RF to fcg ptr, cl L) to no hands fcg WALL;

PART A

MEAS

1-4 **CONGA WALKS L & R:: CONGA WALKS FWD & BK::**

1-2 **【Conga Walks L & R】** Sd L twd LOD, XRIF (W XLIF), sd L w/slight upper body RF (W LF) trn, flexing L knee tap R to sd leaning upper body left (W right) & slightly bk; Sd R twd RLOD, XLIF (W XRIF), sd R w/ slight upper body LF (W RF) trn, flexing R knee tap L to sd leaning upper body right (W left) & slightly bk;

3-4 **【Conga Walks Fwd & BK】** Fwd L, fwd R, fwd L flexing left knee tap R to bk leaning upper body fwd; Bk R, bk L, bk R, flexing right knee tap L to fwd leaning upper body bk (W bk R, bk L, bk R, flexing right knee tap L to fwd leaning upper body bk; Fwd L, fwd R, fwd L flexing left knee tap R to bk leaning upper body fwd);

5-8 **MERENGUE BASIC; MERENGUE WHISK; MERENGUE BASIC; MERENGUE WHISK;**

5 **【Merengue Basic】** Blend CP sd L, cl R, sd L, cl R;

6 **【Merengue Whisk】** XLIB to Blend SCP, rec R to fc CP, sd L, cl R;

7 **【Merengue Basic】** Sd L, cl R, sd L, cl R;

8 **【Merengue Whisk】** XLIB to Blend SCP, rec R to fc CP, sd L, cl R;

PART B

MEAS

1-4 **ARM SLIDE:: TWIRL 2 SD CL; MERENGUE BASIC;**

1-2 **【Arm Slide】** Blend SHOULDER WAIST POS/WALL bk away from ptr & M's hands are placed palms up under W's upper arms bk L, bk R, bk L, bk R small steps sliding hands along W's arms (W bk away from ptr & W's hands are placed down on top of the M's upper arms bk R, bk L, bk R, bk L small steps sliding hands along top of M's arms) to jnd both hands; Moving twd ptr fwd L, fwd R, fwd L, fwd R small steps raising jnd hands straight up above head;

3 **【Twirl 2 sd cl】** Release trail hands sd L, XRIF, sd L, cl R (W sd & fwd R comm RF trng under jnd lead hands, cont RF trng sd & bk L, sd R, cl L);

4 **【Merengue Basic】** Blend CP sd L, cl R, sd L, cl R;

5-8 **ARM SLIDE;; DBL UNDERARM TRN; CIRCLE AWAY & TOGETHER;**

5-6 **【Arm Slide】** Repeat meas 1-2 of Part B

7 **【Dbl Underarm trn】** Lead hands keep above head trailing hands low both trn under lead hands 1/2 trn LF (W RF) L, R, L, R to momentary BK TO BK POS;

8 **【Circle Away & Together】** Circle LF (W RF) fwd L, fwd R, tog fwd L, fwd R to no hands fcg WALL;

PART A mod 1

MEAS

1-4 CONGA WALKS L & R;; CONGA WALKS FWD & BK;;

1-4 Repeat meas 1-4 of Part A

5-8 ROLL 2 SD CL; PROM; PROM TRN AWAY;;5 **【Roll 2 Sd Cl】** Comm LF trn L, cont trn R, sd L, cl R (W comm RF trn R, cont trn L, sd R, cl L);6 **【Prom】** In SCP fwd L, fwd R trng to fc ptr sd L, cl R;7-8 **【Prom Trn Away】** In SCP fwd L, fwd R trng RF to fc ptr, sd L, cont trn RF rec R to LOP/RL0D; Cont trn RF fwd L to BK TO BK pos, cont trn RF rec R to fc LOD, cont trn sd L to fc ptr, cl R (W fwd R, fwd L trng fc ptr, sd R, cont trn LF rec L to LOP/RL0D; Cont trn LF fwd R to BK to BK pos, cont trn LF rec L to fc LOD, cont trn sd R to fc ptr, cl L) to fcg WALL;**PART C**

MEAS

1-4 SIDE SEPARATION;;;;1-4 **【Side Separation】** In FCG POS blend BFLY sd L, cl R, sd L, tch R; Sd R starting to move away from ptr raising arms at shoulder level, cl L, sd R to LEFT HAND STAR, tch L; Sd L starting to move twd ptr, cl R, sd L, cl R to fc ptr; Sd L starting to move away from ptr, cl R, sd L, cl R (W sd R, cl L, sd R, cl L; Sd R starting to move away from ptr raising arms at shoulder level, cl L, sd R to LEFT HAND STAR, tch L; Sd L starting to move twd ptr, cl R, sd L, cl R to fc ptr; Sd L starting to move away from ptr, cl R, sd L, tch R) to RIGHT HAND STAR;**5-8 CHANGE SD; 2 QUICK CUCARACHAS; MERENGUE BASIC; GLIDE;**5 **【Change Sd】** Raising right hands fwd L comm RF & leading W to trn LF under jnd hands, fwd R cont trn, comp trn sd L fc ptr & COH, cl R (W fwd R comm LF trn under jnd hands, fwd L cont trn, comp trn sd R fc ptr & WALL, cl L) blend CP/COH;6 **【2 Quick Cucarachas 1&23&4】** Sd L/rec R, cl L, sd R/rec L, cl R;7 **【Merengue Basic】** Sd L, cl R, sd L, cl R;8 **【Glide 1&2&34】** Sd L/cl R, sd L/cl R, sd L, cl R;**REPEAT PART A mod1 but start from fc COH****REPEAT PART C but start from fc COH end to fc WALL****PART A mod 2**

MEAS

1-4 CONGA WALKS L & R;; CONGA WALKS FWD & BK;;

1-4 Repeat meas 1-4 of Part A

5-8 MERENGUE BASIC; MERENGUE WHISK; MOD PROM TRN AWAY TANDEM WALL;;5 **【Merengue Basic】** Blend CP sd L, cl R, sd L, cl R;6 **【Merengue Whisk】** XLIB to Blend SCP, rec R to fc CP, sd L, cl R;7-8 **【Mod Prom Trn Away Tandem WALL】** M's part is the same as A mod 1 meas 7&8 (W fwd R, fwd L trng fc ptr, sd R, cont trn LF rec L to LOP/RL0D; Cont trn LF fwd R to BK TO BK pos, rec sd L fcg WALL, XRIF, cl L) to TANDEM WALL w/ man behind woman;**ENDING**

MEAS

1-4+ 4 PEEKS;;; & DISCO LUNGE,1-4 **【4 Peeks 1-34;1-34;1-34;1-34】** In TANDEM WALL w/ hands on hips sd & fwd L, -, rec R, cl L; Sd & fwd R, -, rec L, cl R; Sd & fwd L, -, rec R, cl L; Sd & fwd R, -, rec L, cl R (W sd & fwd R peek a man, -, rec L, cl R; Sd & fwd L peek a man, -, rec R, cl L; Sd & fwd R peek a man, -, rec L, cl R; Sd & fwd L, -, rec R, cl L); now TANDEM WALL+ **【Disco Lunge 1】** Lunge sd L flexing left knee w/ left hand on hip right hand on W's waist line & look ptr (W lunge sd R flexing right knee w/ left hand on hip right hand right ear & look ptr),