

BANJSKO

Macedonia

- SOURCE: This dance is from village Banje, Strumnica area. This dance is done in many occasions, wedding, picnic, Slava, etc.
- RHYTHM: 7/8 (1 2 3)
- FORMATION: Mixed line or open circle with W hold
- MUSIC: New Millennium cassette

METER: 7/8

PATTERN

Meas

Part 1

- 1 Facing ctr., Step on R to R (ct 1); Slight lift on R (ct 2); Step on L behind of R (ct 3):
- 2 Step on R to R (ct 1) ;Face slightly to R, čukče on R twice and bring L knee up in front (cts.2,3)
- 3 Repeat Meas. 2 with opp. ftwk and direction
- 4-6 Repeat Meas. 1-3
- 7-8 Repeat Meas. 1-2
- 9 Step on L to L (ct 1); Lift on L (ct.2); Step on R in front of L (ct.3)
- 10 Step back on L (ct 1); čukče twice on L, bring R knee up in front (cts.2-3)
- 11-12 Repeat Meas.9-10 with opp.ftwk and direction
- 13-14 Repeat Meas.9-10

Part 2

- 1 Facing diag. to R, Step on R fwd (ct 1); Step on L fwd (cts.2,3)
- 2 Step on R fwd (ct 1); Step on L,R fwd (cts.2,3)
- 3-4 Repeat Meas. 1-2 with opp.ftwk.
- 5 Step on R fwd and face ctr., bring arms down (ct 1); Step on L behind of R (cts.2,3)
- 6 Step on R to R, bring arms up to "W" hold (ct 1); čukče on R twice and bring L knee up in front (cts.2,3).
- 7 Repeat Meas.6 with opp.ftwk and direction
- 8-10 Repeat Part 1, Meas.-3
- 11-20 Repeat Meas.1-10

Part 3

- 1-4 Repeat Part 2, Meas.1-4
- 5 Step on R fwd and start turning to CW (ct 1); Slight lift on R(ct.2); Step on L fwd and complete turn, face ctr (ct.3)
- 6 Repeat Part 1, Meas.2
- 7-8 Repeat Meas. 5-6 with opp. ftwk and direction

BANJSKO

Narod se sobral
Narod, Makedonski
Gore na Pirin, da slavi
Na devet Livadi
Kaj Manastirov Roždenki

(Chorus)

Ej narode, Makedonski
Žuka padna slaven junak
Život dade za sloboda
Za svojata Makedonija

Pesni pejat,
Pesni Makedonski
Staroj miado se krenalo
Ta za nego zborea
Kaj e carot Pirinski

Kreni Se, Jane
Kreni si, družina
Zemja se trese, pirinska
Za sloboda se pee
Za Makedonska pravdina