

KETTENGALOPP  
(Swiss Chain Dance)

RECORD: MH 1112 - Folk Dancer

FORMATION: Couples facing each other around the ring, the man standing a little behind his partner who is on his right. Right hands are joined over the lady's right shoulder, left hands joined in front of the man.

ACTION:

- Meas. 1 "Heel and Toe Step". Both start with the left foot, touching the heel forward, then bring the left toe up and touch it in front of the right foot.
- Meas. 2 A two-step to the left (step left, close right, step left, pause) the man dancing in place as the lady crosses over to his left side.
- Meas. 3-4 Repeat to the right, starting with the right heel and toe, the lady changing back to the right side on the two-step. Couples half face each other as the ladies change across.
- Meas. 5-6 "Gallop Step". Slide four slides diagonally forward to the left, passing the other couple, the lady again shifting over to the man's left side.
- Meas. 7-8 Four slides diagonally forward to the right, the lady shifting back to the right side. Couples are standing with their backs to the original couple and are ready to begin the dance with the new couple they are facing.
- Meas. 9-16 Continue with the same step, weaving in and out amongst the couples  
& 17-24 as in a grand "chain" .

Swiss Dance

LA FAIRA DA STRADA - From the Engadine  
(The Fair in Strada - Romansche)

AM MARKT VON STRADA

RECORD: Folk Dancer MH 1112

In this recording we made an attempt to simulate the old type of folk dance music in this canton of Switzerland, where in the old days nothing but string instruments were used for dancing.

FORMATION: This is a lovely dance using one step throughout - the "ubertratler" step.  
Directions are for men. Women do counterpart on opposite feet.  
Step fwd L (count 1), step R next to L (count and), step fwd L (count 2), step fwd R with a slight knee bend (count 3) - with no stamp. Since each step takes 3 counts, but the music is in 2/4 time, this seems a little tricky.

ACTION: I. "GOING TO THE FAIR" Partners face fwd holding inside hands shoulder high. 4 complete steps fwd. On 4th, the lady turns cw under joined inside hands. Man brings feet together with a stamp. Face opposite direction without changing hands. Repeat steps and on 4th, lady turns, clockwise.

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LA FAIRA DA STRADA (cont)

- II. TURNING Partners face and take two-hand hold (both lean back arms stretched, but not crossed) Men's back to center. 4 complete steps cw, (step, together, step, place R foot behind L) On 4th time bring feet together with a stamp. Repeat in opposite direction, starting with R foot.
- III. LOOKING OVER DANCE Drop hands. Partners facing, hands on hips. Both begin on R foot and move to own R with a side, together, side; and pivot completely around to the R to face original direction; side, together, side, close feet together with a little stamp. Repeat all of this part, this time moving to own left first, with L foot and returning to place. Repeat all, this time starting to the left.
- IV. AT THE DANCE Take regular ballroom position, and starting with M's L and W's R, do this same step (step, together, step, pivot) travelling ccw. This same step may be done 8 times, or it may be done just 4, ending with a stamp, then repeated, turning ccw, starting on opposite feet.

Swiss Dance

LA STORTA DA CRUSCH  
(Die Kehre Von Crusch)

RECORD: MH 1115A

FOMATION: Couples with hands joined in circle - all facing in.

ACTION: A Waltz in circle to the left, keeping elbows crooked a little to maintain a nice round circle, with a little extra emphasis on 16 meas. the first beat of the waltz step (no stamp) 8 measures Repeat in opposite direction 8 measures.

ACTION: B All step on left foot (count 1), then on right foot (count 2), then with a little hop on the right foot, click both heels together (count 3). Repeat twice more to left. All together 3 measures. 16 meas.

Holding partner's nearest hand, and releasing the other person's hand, forward with three steps, boy backing up (so bath turn counter-clockwise). Now join hands again, all facing out of the ring. 1 measure.

Repeat same clicking step, this time beginning with right foot, still moving to clockwise direction. This time partners release hands and girls walk forward on outside of circle, boys backing up, so that all end up facing into the center with hands joined.

Repeat part B. Then repeat dance.