

MAHALA MORI SHEJ
(Hungary/Transylvania Roma)

This dance, with music by *Kalyi Jag*, is based on *Mahala/Manele* steps from Transylvania.

Pronunciation: ma-HA-la MOH-ree SHAY

Recording: Workshop CD

Formation: Open circle with "W" hold

Music: 2/4

Introduction: 8 measures (dance begins with the singing)

Meas:

Part A

- 1 Facing L of center and backing up to R, Lift on Lft (ct 1); Step Rft back to R (ct &); Step Lft back to R (ct 2); Step Rft back to R (ct &);
- 2 Continuing to dance backwards to the R, reverse ftwk of meas 1;
- 3 Still facing L of center and backing up, lift on Lft (ct 1); Step Rft back to R (ct &); Lift on Rft (ct 2); step Lft back to R (ct &);
- 4 Turning to face center, Lift on Lft (ct 1); step Rft to R side (ct &); Step Lft in front Rft (toward center) (ct 2); Step Rft back to place (ct &);
- 5-8 Turning to face R of center, reverse action (ftwk and direction) of meas 1-4 above;

- 9 Facing center, repeat action of meas 4;
- 10 Reverse action of meas 4 (meas 9) same as meas 8;
- 11 Repeat action of meas 4 (meas 9);
- 12 Step Lft to L side (ct 1); Step Rft in place (to R) (ct &); Step Lft in front of Rft (ct 2); Step Rft back to place (ct &) (double crossing);
- 13-16 Reverse action (ftwk and direction) of meas 9-12 above (double crossing);
- 17 Releasing handhold and turning slowly $\frac{3}{4}$ CW to the R, Lift on Lft (ct 1); Step Rft in place and turn CW to R (ct &); lift on Rft in place (ct 2); continuing slow turn CW, step Lft in place (ct &);
- 18 Continuing slow turn CW to R and ending facing L of center, Repeat action of meas 17 above.
- 19-36 Repeat action of meas 1-18 (Part A).

Part B

- 1 Facing center and moving fwd toward center, Step Rft fwd in front of Lft (ct 1); Step Lft fwd beside Rft (ct &); Step Rft fwd out to R (ct 2); Step Lft fwd (ct &);
- 2 Continuing to dance fwd, repeat action of meas 1 of Part B;
- 3 Backing away from center, Lift on Lft and bring Rft around and back (ct 1); step Rft behind Lft (ct &); Lift on Rft and bring Lft around and back (ct 2); Step Lft behind Rft (ct &);
- 4 Lift on Lft (ct 1); step Rft back (ct &); step Lft back (ct 2); Step Rft back (ct &);
- 5-8 Moving toward center, reverse ftwk of meas 1-4 of Part B;
- 9 With feet together, shift both heels to the R (ct 1); shift both heels to the L (ct 2)
- 10 Repeat action of meas 9 (heel shifts) of Part B.

MAHALA MORI SHEJ cont.

Meas:

Part C

- 1** Facing center and moving to L, Step Rft across and in front of Lft (ct 1); Step Lft to L (ct &); Step Rft across and in front of Lft (ct 2); Step Lft to L (ct &);
- 2** Repeat action of cts 1,&2 of meas 1 of Part C (cts 1,&2); Lift on Rft and bring Lft fwd (ct &);
- 3-4** Reverse action (ftwk and direction) of meas 1-2 of Part C;
- 5-8** Repeat action of meas 1-4 of Part C, but “twizzle” slightly with Rft while moving to L, and Lft when moving to R;
- 9** Turning slowly CCW in place (one full turn), Step ball of Rft over Lft (ct 1); Step Lft in place (ct &); Step ball of Rft over Lft (ct 2); step Lft in place (ct &);
- 10-11** Continuing slow CCW turn to L, twice repeat action of meas 9 of Part C;
- 12** Continuing slow CCW turn to L, repeat action of meas 9 ct 1,& of Part C; step R next to L (ct 2), leaving weight on Rft;
- 13-16** Reverse action of meas 9-12 of Part C;
- 17-18** Repeat action of meas 9-10 (Heel-shifts) of Part B;

Repeat Part B;

Repeat Part A (as written, 36 meas);

Repeat Part B meas 1-9 (music ends after 2 “heel-shifts”).

Presented by Stephen and Susan Kotansky