

LET'S DANCE TAMZARA – STEP BY STEP



Armenian Dance

The Tamzara is usually performed as a couple or trio. Now the Tamzara is also performed in groups. The formation consists of couples or trios (man between two women) scattered randomly across the dance floor, with the arms wrapped around the backs of one's partners at waist level.

The leader can be male or female in the set of dancers.

To start:

with right foot (**R**) forward, pivot on heel to point to right diagonal.

Pivot **R** with heel remaining on floor to point **R** forward.

Moving forward, step forward **R**. Hop on **R** as left foot (**L**) lifts besides right calf.

Step forward on **L**. Stamp **R** besides **L**. Pause.

Moving backward, step back **R**, lift **L**, touch **L** toe forward, brush **L** heel forward. Pause.

Step back **L**, lift **R**, touch **R** toe forward, brush **R** heel forward. Pause.

Then continue with Side movement,

moving to the right, step **R** to right as torso and weight rock forward.

Then step **L** behind **R** as torso and weight rock backward . Pause.

Note: Use the Side step to travel around the dance floor. Continue Side steps until unit's leader decides to change to forward step and begin pattern again. When the leader wishes, he may add a variant to the Forward step. Instead of moving forward, he may use the same step to pivot 360 degrees on an imaginary pivot point, so that the righthand person backs up as the lefthand person advances. A full turn usually requires two or three measures. The set then resumes a normal Forward pattern.

Have a great time, practicing the dance....

Thanks to Gary & Susan Lind-Sinianian of ALMA for the contribution of this article.

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