

GALEI HAMIZRACH (Waves of the East)

CHOREOGRAPHER: Moshiko Halevy
FORMATION: Circle

MUSIC: Moshiko Halevy
METER: 3/4

NOTE: Each 3/4 measure is notated as one count

PART I - Face center w/hands joined at shoulder level)

- 1 Sway R-L, cross R over L
- 2 Step L to L making 1/2 turn to R to face out, Step R to R, cross L over R
- 3 Step R to R, cross L over R, step R to R
- 4 Cross L behind R, step R to R, cross L over R
- 5-8 Rpt. 1-4 and end facing the center of the circle
- 9-10 Yem. R hop, step L to L, cross R over L
- 11-12 Rpt. cts 9-10 w/opp. footwork and direction
- 13-14 3/4 turn to R in place w/two waltz steps, beginning w/R. Face CW
- 15-16 Six steps fwd beginning w/R. On sixth step, turn to R to face ctr.
- 17-32 Rpt. 1-16, but remain facing CW on last step

PART II - Face CW, release hands

- 1 Sway R to R, 1/2 turn to L in place w/2 steps L,R. End facing CCW
- 2-4 Three waltz steps bwd (CW) beginning w/L
- 5-8 Rpt. 1-4 in opp. direction, but w/same footwork. Begin facing CCW
- 9-12 Rpt. footwork of Part I, cts. 9-12 facing CW
- 13 Face ctr: Waltz step R fwd
- 14 Step L fwd w/bent knee while turning L shoulder to ctr
- 15-16 Rpt. 13-14 facing out of circle. End facing CW
- 17-32 Rpt. 1-16. End facing ctr

Notes translated by Ruth Goodman Burger